

Yummy Pilates & Beyond Move Therapy Classes

Terms & Conditions

By booking a class or studio session with Yummy Pilates & Beyond Move Therapy either through online booking or by cheque or cash BACS, you agree to the terms and conditions as set out below.

I want you to enjoy and benefit from your Pilates and Movement classes. The terms and conditions below are set out to help you do this and to safeguard our classes.

By booking classes you will receive from us:

- Expert, experienced teaching from fully qualified Pilates and Conductive Movement teachers.
- Limited class sizes and the choice of a small group class (4 - 8 max) and the benefit of our rescheduling system or courtesy make-up class.

Payments, Cancellations & Refunds

Bookings made through our Scheduling site are final, no refunds or exchanges can be given, so please be sure of your purchase. Your class or session is not confirmed until we have received payment from you. If you choose to pay by cheque or cash, your place is only secure once we have received it and notified you of receipt. All classes; Term Only (usually 6 weeks) or 10-week blocks of classes, monthly Subscriptions including Pregnancy and Post-Natal classes, once booked, are non-refundable, non-changeable and not transferable to another person.

These terms apply to everyone in all circumstances. Thank you for your understanding.

'Drop-in' class Cancellation Policy

Please cancel your drop-in class reservation at least 24 hours before the start of class. Cancellations 24 hours or less from the class start time and no-shows are charged for. We are sorry, they cannot be swapped for another class or made up. If you would like to cancel or modify a reservation or appointment, log in to your account on our site and click "Cancel" next to the class you wish to cancel on your Schedule. "Late Cancel" appears when the online cancellation period has passed. If you click on this option, it allows another person to register in that availability.

For more information, please contact us: noemi@yummypilates.com or 07870667384

Class Cancellation Policy

Appointments made are not transferable to another person. You can cancel all types of appointments up to 24 hours before the appointment and not be charged. After 24 hours, you will be charged for the session. Please use your 10 classes blocks of studio appointments within 90 days of their purchase date, when any leftover expire.

We are not able to freeze or terminate packages or monthly subscriptions, however in unexpected, exceptional circumstances, such as if you give us the great news that you are giving birth, or the sad news that you are suffering ill health or injury, we would, of course, extend the expiry date.

MONTHLY MEMBERSHIP

The monthly memberships last for a minimum of three months. After this time the payments will continue until you give notice of termination.

Leftover Classes

Classes cannot be carried over to the next month on the Maintain and Progress packages.

Cancellations

You may cancel your booking, without charge, up to 24 hours before the start of the session that you have booked.

Membership Fees

Yummy Pilates & Beyond Move Therapy reserves the right to review and change membership fees periodically. Your monthly membership fees will remain the same as at your membership start date throughout your contracted period. Once your contract period has come to an end the membership fee will be charged at the rate at the time of the renewal.

Payments

Payments will be taken each month from the date of your first payment.

Membership Cancellation

In order to terminate your membership, you must give us 30 days notice via e-mail to noemi@yummypilates.com This will indicate the time when no further

membership payments will be taken. No pro-rata payments or refunded for the part used months will be permitted.

If you wish the membership to terminate after three months, you must notify us 30 days before the end of this period to ensure that no further payment will be taken from your account.

Term Only - Absence and our Courtesy Make-up Class Policy

If you are going to be absent from your class for more than one week, please let us know, or we will wonder what has happened to you.

We run a courtesy 'make up class' policy for our termly-booked classes, which means that if you are ill, kept at work, or on holiday and miss one of your classes, you can come along to a class of a similar level and make that class up. You can even 'make up' a class in advance if you being absent!

You can 'make-up' classes in any of our classes at a level appropriate for you. Thank you for following this condition.

Pregnant & Post-Natal women if you all let us know in advance if you are going to be away one week on holiday, we can then let someone else make-up in your space that week.

To make use of the courtesy make-up policy, please let us know in advance that you want to come along and makeup alternatively use our booking system. Please inform this teacher of any health conditions or injuries so s/he can guide you safely in the makeup class. It is your responsibility to do this. We cannot guarantee there will be a space for you in the class you would like to make up in, but it is always worth a go. Only very occasionally do we have too many people to fit in.

We ask you only to make use of it if you really need to miss a class. You cannot 'carry over' classes you missed into the next term of classes. The policy only applies to the Term Only classes you miss a class in. Thank you for your understanding and using the facility within these conditions.

Waiting Lists

We operate a waiting list for all of our classes; if somebody cancels the person at the top of the waiting list will automatically be put in the class. An email will be sent to you informing you. Please note that if you are put into the class from the waiting list our cancellation policy still applies.

Liability Release

I understand that my teacher is a qualified and insured Pilates mat class Instructor and/or Conductive Movement Therapist.

I understand that Yummy Pilates & Beyond Move Therapy is in no way responsible for the safekeeping of my personal belongings while I attend class. I will tell the teacher of anything painful/unusual I experience in the class and between classes.

I will stop doing the exercise if I or s/he thinks I need to or follow the alternatives my teacher gives me.

I understand my teacher may offer professional advice relating to my ability to exercise and she may consider it unprofessional to continue to teach me if I do not wish to follow that advice.

I will keep my teacher updated on any changes in my medical condition.

I understand that all exercise carries a risk and I voluntarily participate in Yummy Pilates classes with full knowledge that there is a risk of personal injury, property loss or death. I agree that neither I, my heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against Yummy Pilates or its members for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise.

If you are struggling with anything in your class, have any problems or concerns, do please let us know as soon as you can, and we will do our best to help.

We reserve the right to change the advertised teacher if the teacher is unavailable due to illness or unforeseen circumstances. No money will be refunded if the class teacher changes. If there are 2 or fewer persons signed up for a Class, Yummy Pilates reserves the right to cancel the class. There will be notified of the cancellation and a full refund will be given to you.

If a teacher becomes unavailable we will ensure – where practically possible – that they are replaced by another teacher. Where this is not possible, or where a session is cancelled due to unforeseen circumstances, we will issue a credit note to all those who have previously booked that Class. The Company will not be liable for any other incurred costs or damages to the customers from a cancellation.

Equipment

We supply all the equipment you need, including mats.

For hygiene and comfort reasons, please clean the mats and the equipment after your use.

Lost Property

We make all our venues as safe as we can, but your belongings are left in the studios at your own risk. We cannot be held responsible for anything lost or stolen.

If you think you have left something in any of the studios, do let us know and we will endeavour to find it for you. We will check for your property as soon as we are able, and let you know if we find it. Hopefully, we can arrange for you to pick it up when one of us is teaching there. If you and we cannot coincide in time, you may have to wait until your class the next week to receive your property back. We only have access to St Mark's Church Hall and Hadley Wood Private studio when we are teaching classes. It is possible you will have to wait until the next week for us to even check for you. You can contact these venues directly to ask them if they have seen your property.

Thank you for agreeing to our terms and conditions.